

#### Ahmednagar Jilha Maratha Vidya Prasarak Samaj's

### SHRI DHOKESHWAR COLLEGE,

TAKALI DHOKESHWAR

Tal:-Parner, Dist:- Ahmednagar. 414304 (M.S.)

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### 5.1.3 Capacity building and skills enhancement initiatives taken by the institution include

- 1. Soft skills,
- 2. Language and communication skills,
- 3. Life skills (Yoga, physical fitness, health and hygiene),
- 4. ICT/computing skills

### 1. Soft skills

Soft skill training is provided to the fresher's students. Students who recognize the importance of soft skills on time are able to master their studies more successfully. Soft skill programs are organized for the students to enhance their decision making power, presentation skills, and inter-personal skills, team building etc. Personality Development and Welcome program is conducted regularly in the beginning of every academic year for the fresher's. Lectures are delivered by eminent people from institutions and Mother Institute. Soft skill development is a part of the regularcurriculum.



Welcome programme of students for soft- Skill Training

### 2. Language and communication skills

Institution is having English language laboratory with required accessories and software. Every year we celebrate 15 days "Marathi Bhasha Padharwada" Programme. This Programme helps students to easy access of literature and culture of our society. The main objective is to enable students to attain fluency and proficiency in communication. It enables students to improve their verbal, grammatical and talkative capability. It helps the students to acquire their ability to speak effectively in real life situations. Students shall have hands on training in improving listening skill in the language laboratory.



Language and Communication skill programme "Marathi Language and Culture" Speaker: Dr. Bhausaheb Khandave., Head, Department of Marathi, New Arts, Commerce and Science College, Ahmednagar.



## 3. Life skills (Yoga, physical fitness, health and hygiene)

## **Yoga**

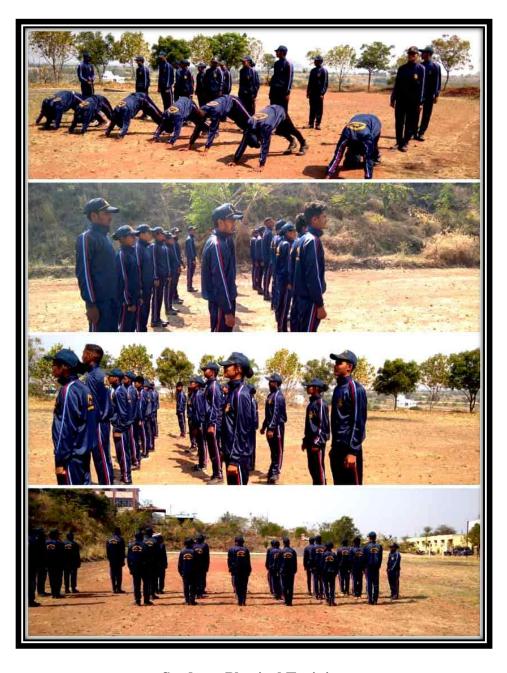
Our institution has appointed government approved yoga trainer so as to get proper information and training to enhance physical and mental health. Yoga camp is being organized regularly. Every year International Yoga Day is observed in the institution. Trained yoga instructors conduct both theoretical and practical aspects of yoga for students and faculty members.





### **Physical Fitness:**

Institution is having Gymnasium which is equipped with cardio equipments like, Treadmill, Bicycle ergo meter; strengthen equipments like, bench press machine, shoulder press machine. Gym is open in the morning and evening hours. Physical Director motivates the students to maintain their physical fitness for mental health and to have better performance in academics and sports. We have also ladies NCC trainer who trains girls and boys students.



**Students Physical Training** 



## **Health and hygiene Awareness:**

Institution is having a health center having all first aids to take care of immediate medical attention. Free general medical health check-up is provided to all the students and staff every year. College has Health Committee. NSS AND NCC Students aware other students and society regarding importance of Heath and Cleanliness.

# Campus and lake Cleaning Drive by NSS and NCC students







### 4. ICT technology

College has well equipped ICT facilities including 100 MBPS LAN systems. The department of Physics give opportunity to poor and needy students to learn C Language Programme Course. Curriculum is enriched through value added courses which are brought under compulsory credit requirements. In addition, the students are able to aware the current trend technologies by the following ways.

- lectures are conducted for the students by eminent personalities from academicand industries. Students understand the current technology and demand.
- To enhance the practical knowledge in real world, students are encouraged to go forindustrial visits at least 2 times per semester.





PRINCIPAL Shri Dhokeshwar College Tekali Dhokeshwar Tal, Pamer Dist.Ahmednagar

